

**From:** Primm, Jamie M  
**Sent:** Tuesday, October 25, 2022 8:24 AM  
**To:** Attallah, Gina M; Dow, Randal T; Forbes, John; Luoma, Tracy; Mcdowell, Gerene F; Schull, Mark S; SLCo Behavioral Health Services (1); SLCo Behavioral Health Services (2)  
**Subject:** Provider eBlast: Trending Topics & Resources on LGBTQ+

Dear Providers,

Below is important information regarding the Optum Salt Lake County (SLCo) Medicaid Network.  
Please pass on to those within your organization that will benefit from this information.

If you have any questions, you can contact the Network Team at [saltlakecounty.networkbox@optum.com](mailto:saltlakecounty.networkbox@optum.com), [randy.dow@optum.com](mailto:randy.dow@optum.com), [john.forbes@optum.com](mailto:john.forbes@optum.com) or [hailey.conder@optum.com](mailto:hailey.conder@optum.com)

Thank you,  
Network Management

**Optum**



**Trending Topics and Resources on LGBTQ+**



**SMI Adviser offers on-demand courses and downloadable resources that address important topics around the intersection of serious mental illness (SMI) and individuals who identify as LGBTQ+.**

**We curated a short list of free resources that may be of interest to you.**

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### **An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client**

*On-Demand Webinar*

**Credits** CME:1.0, NCPD:1.0, Psychology CE:1.0, Social Work CE:1.0, Participation:1.0



Explore the multidisciplinary care of transgender and gender-non-conforming and nonbinary individuals, according to WPATH guidelines.

[ACCESS THIS COURSE](#)

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## **An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness**

*On-Demand Webinar*

**Credits** CME:1.0, Psychology CE:1.0, Social Work CE:1.0, Participation:1.0



Explore common challenges and best practices to obtain informed and affirm mental health support among transgender and nonbinary individuals who have serious mental illness (SMI).

[ACCESS THIS COURSE](#)

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## **Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services**

*On-Demand Webinar*

**Credits** CME:1.0, NCPD:1.0, Psychology CE:1.0, Social Work CE:1.0, Participation:1.0



Learn about evidence-based treatment planning approaches that incorporate person-centered service for individuals in this vulnerable population.

[ACCESS THIS COURSE](#)

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## **Deconstructing the Gender Binary in Mental Health Services**

*On-Demand Webinar*

**Credits** CME:1.0, NCPD:1.0, Psychology CE:1.0, Social Work CE:1.0, Participation:1.0



Learn about culturally informed concepts to consider when working with non-binary and transgender individuals, including community challenges, health care access, stigma, culturally responsive services, and more.

[ACCESS THIS COURSE](#)

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### **SMI Adviser Online Knowledge Base**

Browse dozens of vetted, evidence-based resources on SMI and LGBTQ+ populations, such as:



- [Technical Brief: Disparities Within Serious Mental Illness](#)
- [Cultural Competence in Mental Health](#)
- [Findings from a Feasibility Study of an Adapted Cognitive Behavioral Therapy Group Intervention to Reduce Depression among LGBTQ \(Lesbian, Gay, Bisexual, Transgender, or Queer\) Young People](#)

[ACCESS THE KNOWLEDGE BASE](#)

#### **Physician Continuing Medical Education (CME) Credit**

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client**

The American Psychiatric Association designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness**

The American Psychiatric Association designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services**

The American Psychiatric Association designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Deconstructing the Gender Binary in Mental Health Services**

The American Psychiatric Association designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Continuing Professional Development (NCPD, formerly CNE)**

**An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client**

**Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services**

**Deconstructing the Gender Binary in Mental Health Services**

*The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*

**Psychologist Continuing Education (CE) Credit**

**An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client**

**An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness**

**Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services**

**Deconstructing the Gender Binary in Mental Health Services**

The American Psychiatric Association is approved by the American Psychological Association to sponsor continuing education for psychologists. American Psychiatric Association maintains responsibility for this program and its content.

**Social Work Continuing Education (CE) Credit**

**An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client**

**An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness**

**Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services**

**Deconstructing the Gender Binary in Mental Health Services**

The American Psychiatric Association, provider #1743, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. American Psychiatric Association maintains responsibility for this course. ACE provider approval period 05/18/2021-05/18/2024. Social workers completing this course receive 1.0 (clinical) continuing education credit.

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**Leah**

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*988 Offers 24/7 access to trained counselors who can help people experiencing suicidal, substance use, and other mental health crises.*



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