



Tooele County Provider Resource Guide

This guide includes a list of current Optum Tooele In-Network providers and resources to assist with coordination of care and discharge planning for members who are receiving inpatient services. This guide includes providers offering specialty services and higher levels of care. The full directory of providers can be located at tooele.optum.com [Find a Medicaid provider](#). These resources are applicable to Salt Lake County only.

Please access this guide at tooele.optum.com - for Network providers under the Manuals, guidelines, and policies tab for each use to assure the most up to date information.

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If you need assistance, please contact the care advocate for your facility. Additionally, providers should respond to your inquiries within 24 hours. If you have reached out and have not received a response within 24 hours, please contact the care advocate for your facility for assistance.

Optum Tooele County Care Coordination Staff – Contact information

The Care Coordination team is here to help you navigate several aspects of behavioral health treatment in Salt Lake County. This team assists with Optum Medicaid Provider questions and other aspects of behavioral health care as noted below.

For assistance **linking adults with Optum providers** contact:

Lisa Hancock
Peer Support & Customer Service Supervisor
801-982-3222 or 385-529-8041
lisa.hancock@optum.com

For questions about **Youth admissions to the Utah State Hospital** contact

Sandy Meyer
801-963-6084
sandy.meyer@optum.com

For questions about **Civil Commitment status** contact

Wendy Emerick
801-982-3232
wendy.emerick@optum.com

For questions about **Peer Support** contact

Lisa Hancock
Peer Support & Customer Service Supervisor
801-982-3222 or 385-529-8041
lisa.hancock@optum.com

For questions about **Adult admissions to the Utah State Hospital** contact

Debbie Davis
Care Coordination Supervisor
801-982-3633 or 801-725-7510
debbie.davis@optum.com

Optum Network Team – Contact information

Tooele County Provider Network Team (also for Salt Lake County)

Saltlakecounty.networkbox@optum.com

P: 800-640-5349 option 3 then option 1

F: 855-466-3117

Optum Utilization Management Team – Contact information

Elvia Ruiz
877-370-8953 ext. 673674
elvia_ruiz@optum.com

Dawnn Goldsmith
877-370-8953 ext. 673659
dawnn.goldsmith@optum.com

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Care Advocate Supervisor
877-370-8953 ext. 673656
teresa.baker@optum.com

Jill Hodge
877-370-8953 ext. 673657
jill_hodge@optum.com

Cheryl Evans
877-370-8953 ext. 673660
cheryl.evans1@optum.com

Medication Management and Long Acting Injectable (LAI) Providers

Provider Name	Contact Number	Provides therapy services	Website/email
Valley Behavioral Health Salt Lake and Tooele Medicaid	888-949-4864	X	valleycares.com/
Volunteers of America Utah All including Clozaril and Relprevv Cornerstone Clozaril, no Relprevv	801-355-1528	X	Volunteers of America, Utah
Lotus Center Inc Salt Lake and Tooele Medicaid	385-272-4292	X	The Lotus Center – Integrative Therapy
Dynamic Psychiatry Salt Lake and Tooele Medicaid	801-349-2480		Dynamic Psychiatry
Bonneville Family Practice Salt Lake and Tooele Medicaid	435-248-0333	X	https://bonnevillefp.com/
Blue Willow Psychiatry Salt Lake and Tooele Medicaid	435-200-3430	X	Kristi@BlueWillowPsych.com

Adult services

Project Connection's CTI Program

2655 S. Lake Erie Drive Suite B West Valley, UT 84210

Critical Time Intervention is an Intensive Case Management Program designed to help individuals transition from inpatient mental health care back to the community.

General contact:
385-441-4900

projectconnection.co/community-programs

Adult IOP Program

Reach Counseling - IOP program
873 W Baxter Drive South Jordan, UT 84095

The Intensive Outpatient Program (IOP) provides support and treatment options in a less restrictive environment. Three hours of groups, classes, activities and counseling three times a week. Referrals:

P: 801-446-3515

T: 925-876-4282

admin@reachcounselingutah.com

Services:

Individual therapy

Family therapy

Perinatal Yoga

Attachment sessions

Skills-based classes

Beacon House - IOP program
60 S Main St #6, Tooele, UT 84074

IOP programs designed for adult men & women as a continuation of care serving those with Mental Health and Substance use disorders. Providing adults with coping skills, stress management skills, and interpersonal skills for daily life. The frequency and intensity of services for treatment are based on the clinical assessment of risk levels defined by the American Society of Addiction Medicine (ASAM).

Services:

Assessment and Treatment Planning

Clinical Diagnostic Assessment

Motivational Enhancement

Trauma-Informed Care

Individual and group Behavioral Therapy

Physical exam within the first week of treatment

Care Coordination/Transition Management/Discharge Planning

24-hour Crisis Services

Substance Use Screening and Monitoring

Drug Testing

Interventions to learn effective recovery skills

Recovery Skills Include:

Life Skills

Stress and anger management

Improving health and self-sufficiency

Responsible daily living functioning

Cognitive restructuring to address addictive thinking and behavior patterns

Relapse prevention planning

Responsible daily living functioning

Rebuilding relationships

Creating a network of positive sober supports

Case Management services:

Case managers collaborate to connect clients with services and resources in our communities to help them succeed.

Referrals:

P: 435-255-6150

admissions@beaconhouseut.com

Moving Forward Counseling - IOP program
9844 S 1300 E Ste 250, Sandy, UT 84094

Intensive Outpatient (IOP) is for those clients that require the support and accountability to maintain healthy coping strategies while working to manage their mental health. In the IOP group, people attend 4 days per week and will be able to process their struggles with their peers in group therapy, while continuing to learn and practice new skills learned in psycho-educational groups, as well as have 1 individual therapy session per week.

Services:
Individual therapy
Group therapy
Medication Management

Referrals:
P: 801-810-5037

Adult Residential Programs

Odyssey House

Men's Program - 2411 S 1070 W, West Valley City, UT 84119
Women's Program - 645 S 1300 E, Salt Lake City, UT 84102

Men's and Women's residential treatment for co-occurring mental health and SUD illness

Referrals:
Odyssey House Admissions
801-322-3222 ext. 1

Turning Point – Mountain View Residential Treatment

616 E 11000 S
Sandy, UT 84070

A residential program for men and women with serious mental illness.

Referrals:
Admissions
801-576-0745 option 1

Steve DeFrank
352-437-9641

Valley Core

Men's Program - 443 S 600 East, Salt Lake City, UT 84102

Women's Program - 1228 S 900 E, Salt Lake City, UT 84105

Co-occurring Reentry and Empowerment (CORE) program offers residential treatment services to adult male and female criminal offenders with co-occurring substance abuse and mental health disorders.

Referrals:

801-963-4248

corereferrals@valleycares.com

Access team

801-273-6430

access@valleycares.com

Valley STEPS

280 E 600 S

Salt Lake City, UT 84111

Residential treatment for individuals who need support in obtaining and maintaining housing due to mental health needs, financial issues, and access to resources.

Referrals:

Access team

801-273-6430

access@valleycares.com

Adult Case Management Providers

Provider	Address	If referring to this provider:
Altium Health	7181 Campus View Drive Suite# 1A West Jordan, Utah 84084	385-832-8239 Admissions Coordinator Amanda Herd
Amethyst Center for Healing	718 S 600 E Salt Lake City, Utah 84111	801-467-2863 1. The provider's office will need the email of healthcare provider referring the member to email them the intake forms to fill out. 2. The provider asks that intake forms be sent back to them prior to member's office visit.
Bears Ears Child and Family Therapy	22 West Vine Street Tooele, Utah 84074	435-882-4354
Clinical Consultants	7601 S Redwood Road West Jordan, Utah 84084	801-233-8670
COPA Magna	8265 W 2700 S Magna, Utah 84044	385-318-3200 Utilization Review Specialist Cheryl Form will be emailed to be filled out.
First Step House	411 N Grant Street Salt Lake City, Utah 84116	For members who have been discharged from our care or who have been gone from our facility for more than a week or so in hospitalization:

		Matt Croft, MBA Admissions Manager Office: 801.359.8862 x 2129 Fax: 801.359.8510 For members who have been hospitalized for short stays and who are still enrolled in our services: Melissa Guest RN, BSN Nursing Services Department Manager Office: 801.359.8862 ex 2111 Mobile: 801.505.8294 Fax: 801.359.8510
GCS Foundation	716 E 4500 S, #N160 Murray, Utah 84107	Teri Hartman SSA Supervisor Direct: 385-388-0976 Office: 801-281-1100 x106 Fax: 801-281-1936 Mailing: PO Box 520009, Salt Lake City, UT 84152-0009 Physical: 716 E 4500 S, Suite #N160, Murray, UT 84107
Hopeful Beginnings	3280 W 3500S West Valley City, Utah 84119	801-979-1351
Journey LLC	1343 S Main Street, Suite# B South Salt Lake, Utah 84115	801-232-7633
Lotus Center Inc.	4376 S 700 E, Suite# 200 South Salt Lake, Utah 84107	385-272-4292
Lumos Enterprises	14241 S Redwood Road, Suite# 300 Riverton, Utah 84065	385-342-0621 Randy Bevins
Moving Forward Counseling	9844 S 1300 E, Suite# 250 Sandy, Utah 84094	801-810-5037
Multicultural Counseling Center	7625 S 3200 W West Jordan, Utah 84084	801-915-0359
New Beginnings Behavioral Health	217 E Scenic Peak Cove Draper, Utah 84020	801-282-6953, Option 1
Path Integrated Healthcare	1370 S West Temple Salt Lake City, Utah 84115	801-893-8417
Project Connection Utah	2655 S Lake Erie Drive West Valley City, Utah 84120	385-441-4900
Project Reality	667 S 700 E Salt Lake City, Utah 84102	385-881-0170
Silverado Counseling Services	P.O. Box 824 Greendale, Utah 84020	801-983-5540
University of UT Medical Center Department Psychiatry-Assessment & Referral Services	P.O. Box 413076 Salt Lake City, Utah 84141	801-587-2770

Utah Harm Reduction Coalition	91 E Fort Union Blvd Midvale, Utah 84047	801-569-1995
Valley Behavioral Health	100 S 1000 W Tooele, UT 84074 VBH Youth and Families Clinic 3737 W 4100 S, Suite# 100 West Valley City, Utah 84120 Adult Same Day Access - North Valley Building 1020 S Main Street Salt Lake City, Utah 84150	435-843-3520 / 435-566-0107 888-949-4864
Volunteers of America	1875 S Redwood Road Salt Lake City, Utah 84104	801-355-2846
Wasatch Behavioral Health	371 S Vineyard Road Orem, Utah 84058	801-960-1680

Tooele SUD Treatment Providers with Available ASAM Levels of Care and MAT

Agency	Address	Phone	Description of Services
Assessment and Referral Services (ARS) MEDICARE PROVIDER	525 East 100 South, Suite 3100 Salt Lake City, UT 84102	801 587 2770	Adult and Youth: -SUD & MH Assessments Only
Aspen Ridge Counseling	Various Locations	801 503 8937	Adult: -ASAM 1.0 -Only Individual therapy for SUD
Beacon House	60 South Main Street Tooele, Utah 84047	435 255 6150	Adult: -ASAM 1.0, 2.1 and 2.5 -Supportive living/sober living, peer services, case management Prescriber/med management
Bonneville Family Practice	134 W 1180 North #5 Tooele, Utah 84047	435 248 0333	Adult: -ASAM 1.0 MAT: -METHADONE
Clinical Consultants MEDICARE PROVIDER	754 North Main Street Tooele, UT 84074	435 228-6523	Adult/adolescent: -Evaluations -ASAM 1.0, MAT: Prescriber on-site; SUBOXONE, SUBUTEX, NALTREXONE
House of Hope	857 East 200 South SLC, UT 84102	801-487-3276	Adult (women only): -Evaluations -Children with Parents -ASAM 1.0, 2.1, 2.5, 3.5

Odyssey House MEDICARE PROVIDER	344 East 100 South Suite 301 SLC, UT 84111 Martindale Clinic: 340 E. 100 S. SLC, UT 841 11	801-322-3222 801-428-3500	Adult: -Evaluations -Children with parents -ASAM 1.0, 2.1, 2.5, 3.1, 3.3, 3.5 Youth: -Evaluations -ASAM 1.0, 3.1, 3.5 MAT: SUBOXONE, SUBUTEX, VIVITROL, METHADONE, NALTREXONE, BUPRENORPHINE
Project Reality MEDICARE PROVIDER	150 East 700 South SLC, UT 84111 5280 S. Commerce Dr. Suite DI 10 Murray UT 84107	801-364-8080 385-881-0170	Adult only: -Evaluations -ASAM OTP (1.0) MAT: SUBOXONE, NALTREXONE, METHADONE
Precipice Counseling	352 N Main St Tooele, Utah 84047	435 200 2107	Adolescent and Adult: -ASAM 1.0 -Assessments; Individual therapy sessions; drug-testing;
Tranquility Place	160 E 800 S SLC, UT 84111	801 924 9240	Adult: -ASAM 1.0 -MAT -Individual counseling -methadone clinic
True North Recovery and Wellness Center	339 E 3900 South #155 SLC, UT 84107 M-F 5:00-11:00am Sat: 6:00-8:00am	801 263 1056	Adult: -ASAM 1.0 -General outpatient; Group sessions; SUD assessments; Drug testing; MAT: -including Methadone, Buprenorphine; Vivitrol

Utah Harm Reduction Coalition	105 E Fort Union Blvd Midvale, UT 84047	801 604 5342	Adult: -ASAM 1.0, 2.1 and 2.5 -MAT
Valley Behavioral Health MEDICARE PROVIDER	100 South 1000 West Tooele, UT 84074	435-843-3520	Adult: Evaluations and ASAM 1.0, 2.1, 2.5, 3.1, 3.5 levels of care. Women with Children ASAM 3.5 and 3.1 levels of care. Youth: 1.0
Volunteers of America/ Cornerstone Counseling	1875 South Redwood Rd SLC, UT 84104 Women/children detox 697 W 4170 S Men's Detox Center 1875 S Redwood Rd	801 355 2846 801 261 9177 801-363-9400	Adults: -EVALUATIONS -ASAM 1.0, 2.1, 2.5, Social Detox MAT: SUBOXONE
Wasatch Behavioral Health	255 South Orem Blvd Orem, Utah 84058	385-268-5000	Adults: Urinalysis Lab, Assessments, full range SUD program, MAT Youth: Urinalysis Lab, Assessment, outpatient treatment for SUD

Youth Higher Levels of Care Providers

For all youth higher levels of care, a referral must be made by the current clinician. The clinician submits the referral directly to the requested program. The requested program reviews the clinical first. If they accept the referral, the referral is then sent to Optum for preauthorization. Referrals are not submitted by a parent.

Hopeful Beginnings Ages 12-17

3280 W 3500 S, West Valley City, UT 84119

Phone: 801-979-1351

Daily, short-term, intensive day treatment program whose average length of stay is 2-3 months.

Services:

Therapeutic behavioral skills training and reinforcement

Cognitive behavioral therapy

Wrap around client and family support

Medication management

In-home wrap around services as needed

Some courtesy transportation services are available.

Referrals:

Dave Koldewyn, LCSW

Program manager

801-557-5940

dkoldewyn@hopefulbeginnings.net

VBH day treatment programs

3737 W 4100 S STE 100 West Valley City UT 84120

Full day treatment programs for youth needing additional support in relation to their mental health and associated behavioral issues. These programs have a structured school component through Granite School District, a medication prescriber available and offer courtesy transportation services.

Referrals for all programs:

daytreatmentreferrals@valleycares.com

801-565-9600

AIM: Ages 12-17

This daily program focuses on keeping youth positively engaged with their families and communities. The average length of stay is 12 weeks, and family therapy is approximately once/month.

Common diagnoses treated:

Depression

Oppositional defiant disorder (ODD)

Anxiety

Attention deficit disorder (ADHD)

Anger management issues

Trauma-related disorders

DBT: Ages 12-17

This daily program focuses on keeping youth positively engaged with their families and communities.

Average length of stay is six months and family therapy occurs 1-2x/month.

Common diagnoses treated:

Depression

Self-harm

Anxiety

Suicidal ideation

Trauma-related disorders

KIDS: Ages 5-11

This daily program focuses on keeping children positively engaged with their families and communities. The average length of stay is 12 weeks.

Common diagnoses treated:

Depression

ODD

Anxiety

ADHD

Anger management issues

Trauma-related disorders

ACES: Ages 5-12

Daily afterschool IOP program that can serve as a step-down from higher levels of care to assist in successfully transitioning back to outpatient or as an intermediate step prior to jumping straight to a higher level of care such as a full day treatment program, residential treatment, or inpatient hospitalization.

Common diagnoses treated:

Depression

ODD

Anxiety

ADHD

Trauma-related disorders

Lumos Enterprises

14241 S Redwood Road, Suite # 300, Riverton, UT 84065

PHP Includes:

Individual therapy once/week

Family therapy once/week

3 hrs. of Skills training and schoolwork

4 DBT processing/skills groups

2 groups for music and art therapy

IOP includes:

9 hours total therapy

3 DBT processing/skills groups

3 music/recreation therapy groups

Individual/family sessions once/week

Exclusions:

Aggression in more than one setting

Autism level 2

Substance abuse primary diagnosis

Psychosis

Binging and purging

IQ below 80

No transportation

Referrals:

Randi Bevins

Program/Admissions Director

385-342-2808

randi@lumosheals.com

Reach Counseling: IOP program: Ages 14-17
873 W Baxter Drive South Jordan, UT 84095

Intensive outpatient program designed for teenagers who could benefit from additional support with their mental health. Provides teenagers with coping skills, stress management skills, and interpersonal skills that will help them prepare for young adulthood.

Common diagnoses treated:

Anxiety	Bipolar
Depression	ADHD
Suicidality	Self-harm
Trauma	Behavioral Issues
Emotional Dysregulation	
Conduct Disorder	
Borderline Personality Disorder traits	

Referrals:

P: 801-446-3515

T: 925-876-4282

admin@reachcounselingutah.com

New Beginnings: Ages 11-17
217 E. Scenic Peak Cove Draper, Utah 84020

RTC, day treatment (daily) and IOP (3 day/ week) services who have failed out of lower levels of care.

Common diagnoses treated:

Depression	Anxiety
ADHD	Attachment issues
ODD	Truancy
Sexual abuse	Trauma
Bipolar disorder	Compulsive disorders
Grief management	High risk behaviors
Borderline personality disorder	
Exposure to domestic violence	
Parent-child relationship issues	

Exclusions:

Active and high-risk drug users; Highly violent or physically aggressive youth

Sexually aggressive, compulsive, disturbed, or group influenced to exhibit sexualized behaviors beyond the norm for their age and developmental level; Juvenile sex offenders

Youth requiring assistance with toileting or more than 20% direct assistance with ADLs

Victims of head trauma

Full IQ score 80 and below

Pregnant or parenting teens

Youth diagnosed with a primary eating disorder

Services:

Day treatment - Individual, family, and group therapy

IOP- Individual, family, and group therapy

Referrals:

Femia Pittman, PhD., (ABD), Chief Operations Officer
801-282-6953 x1

femia@newbeginningsslv.org

Copa Health - Magna Treatment Facility Ages 13-17
8265 West 2700 South, Magna, UT 84044

A safe, comfortable home for youth with emotional and behavioral challenges, offering services within a treatment milieu that will enable them to learn, grow, and thrive. Services and supervision are provided by trained personnel and within a licensed setting.

Services:

Individual, Group and Art Therapy
Psychosocial Skills/Rehabilitation
Medication Management
Fitness and Wellness
On site educational/school services

Referrals:

referralstomagna@copahealth.org

Natalie Lanham, Director

385-222-1936

natalie.lanham@copahealth.org

Aspire Academy: Ages 12-17, female only
371 S Vineyard Rd, Orem, UT 84058

A high needs mental health adolescent female only level 6 residential program with intermediate secure care. This program is for individuals who require intensive psychiatric, behavioral, medical, and other structured rehabilitative interventions as well as continuous monitoring.

Typical problem areas addressed include:

Family disruption
Self-harm
Suicidal behaviors
Running away
Multiple placements
Substance abuse
History of trauma (physical abuse, sexual abuse, neglect, domestic violence)

Services:

Intense Weekly Program
Individual Therapy (at least 2 times/week)
Family contact/therapy
Group therapy (5 times/week)
Life Skills focus and Skills Groups
Anger Management
Healthy Relationships (including healthy sexuality)
DBT and TF-CBT
Life Skills Group/Voices/Seeking Safety

Referrals:

Amanda Stansfield, LCSW

Program Manager

Wasatch Behavioral Health / CY-FAST / IP_USH

Aspire Academy

M: 801-367-6630

astansfield@wasatch.org

Path Behavioral Health, Adolescent Day Treatment Ages 12-17

1370 South West Temple SLC,
SLC, UT 84115

Serves high acuity youth who may have exhausted other avenues of treatment, utilizing empirically supported, trauma informed modalities including Acceptance and Commitment Therapy (ACT), Attachment-based family therapy and DBT.

Services:

Day treatment/PHP 9:00am – 3:00pm- M-F

IOP 4:00 – 6:00pm T, W, TH

Regular 6-week parenting courses and caregiver support

Referrals:

801-893-8417

Yotam Livnat: ylivnat@pathihc.com

Jamaica Shires: jshires@pathihc.com

Transportation provided through ModiveCare (ages 16 and up)

Other youth services**VOA Homeless Youth:** Ages 15-22

888 S 400 W, Salt Lake City, UT 84101

Provides meals, emergency shelter, case management, and support for homeless and at-risk teens.

Referrals:

General number: 801-364-0744

Dani Nives, Division Director

Youth Homeless Services

801-364-0744 X162

Annie Brown

Program Manager YRC

801-364-0744 X180

High Fidelity Wrap Services (System of Care's High-Fidelity Wraparound (HFW) Statewide program region based)

System of Care's High-Fidelity Wraparound (HFW) is a customized service approach to keep families safely together while effectively helping children with emotional and/or behavioral health needs thrive in their homes, schools and communities. HFW is an evidence-based approach to family-driven, team-based, collaborative planning for developing and implementing individualized care plans for children and youth with significant mental illness, emotional disturbance and/or behavioral disorders.

HFW is not case management, it is the Department of Human Services' (DHS) highest intensity service coordination with the goal of ensuring youth with acute needs are able to remain in their homes, schools and communities without the need for residential or out-of-home services. HFW Facilitators are credentialed to facilitate this high-intensity, high-frequency intervention to families of youth with complex needs who meet referral criteria and traditional methods of service delivery have not been effective.

Referrals: 801-538-3995

jys.utah.gov/services/youth-servicesutah.gov

JJS Youth Services Model high fidelity wrap program

3450 S 900 W

Salt Lake City, UT 84119

Individualized services for youth so they can safely remain in their homes, schools, and communities. The primary goals are to help keep families intact and to prevent youths from further involvement with the juvenile justice system. "The Youth Services Model is a "no wrong door" approach to early intervention. Through this model, Utah delivers evidence based, individualized youth and family plans with early screening, assessment, plan management, and comprehensive access to services all driven by the youth and family strengths and needs."

Referrals

385-269-5105

jys.utah.gov/services/youth-services

Youth HLOC referrals

If support is needed for referrals to a HLOC for inpatient discharge, please contact the Care advocate reviewing the case or call 1-877-370-8953.